



Cricket Achievement Management Pattern In Muaro Jambi Regency

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Abstract

Cricket is a team sport that pits two teams against each other, each consisting of eleven players. The game uses a ball and a bat, with the main objective being to score points called runs. The performance development pattern is a strategic plan or system that is structured in an orderly, continuous, and focused manner to develop athletes' talents from an early age so that they can achieve their best performance at the regional, national, and international levels. It is hoped that the results of this study can make a positive contribution as a reference in the formulation of a more focused, systematic, and sustainable cricket development strategy in Muaro Jambi Regency. This type of research is quantitative descriptive using a questionnaire method. The research sample used total sampling technique, consisting of 22 people. Of all respondents, 13 people (59%) were categorized as Very Good, while 9 respondents (41%) were categorized as Good. Among male athletes, most respondents were in the Excellent category, namely 8 out of 11 people (73%), while 3 respondents (27%) were in the Good category. Among female athletes, 55% were categorized as Good, while the remaining 45% were categorized as Very Good.

Keywords: *Development Patterns, Athletic Achievements, Cricket*

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INTRODUCTION

Sports are physical activities that are carried out regularly and systematically with the aim of improving physical fitness, maintaining health, and supporting quality of life. This activity involves body movements that are planned, regular, and follow certain rules to provide optimal benefits. Exercise is one of the many physical activities that humans do and has a strong relationship with human life (Palmizal et al., 2025). Cricket is a team sport that brings together two teams of eleven players each. It originated from the modern model in England and is now widely popular in Commonwealth countries (Althof et al., 2023). The performance development pattern is a strategic plan or system that is structured in an orderly, continuous, and focused manner to develop athletes' talents from an early age so that they are able to achieve their best performance at the regional, national, and international levels. Sports performance development is an important process for determining the level of performance in a sport. A systematic and well-executed development program will be able to influence the

improvement of sports performance (Bayu Laksana et al., 2017). Athletic achievement refers to the results of hard work, whether in education, work, or training (Pratama et al., 2025)

In order to improve sports performance in Indonesia, a breeding program is needed through the coaching of athletes based on age groups in each sport. This tiered coaching is expected to be a means of maintaining the continuity of athlete regeneration in a sustainable manner (Juriana, 2019). In addition, the government also holds various competitions as a means to produce a generation of young athletes, involving sports associations at the regional, national, and international levels as part of efforts to regenerate the nation's athletes (Pratama et al., 2018). The need for sports coaching to ensure the success of a nation's achievements (Nurwanda, 2021).

Sports achievements are results achieved by individuals or teams through a planned, regular, and continuous training process, which is reflected in competition achievements such as scores, medals, records, and certain rankings. Achievements in the field of sports are not only valuable in terms of competition, but also play a role in enhancing the dignity and prestige of the nation at the international level. As an important aspect of human life, sports play a major role in bringing fame to regions, nations, and countries, whether through competitions at the local, national, or international level. Competitive sports are an effort to develop the abilities and potential of athletes with the aim of enhancing the dignity and prestige of the nation. This activity is carried out by individuals who have talent, ability, and the opportunity to achieve success in the field of sports (Abdurrahman et al., 2024). Every country in the world strives hard to achieve success in sports, because success in sports can enhance the reputation and positive image of a nation in the international arena (Prabowo, 2016).

Cricket is a team sport played by two groups with the aim of scoring as many points as possible by hitting the ball and preventing the opponent from scoring points. The essence of cricket lies in the combination of technical skills, strategic planning, and teamwork, as well as training discipline, focus, sportsmanship, mental endurance, and decision-making skills. Cricket is a sport that can be played by various ages and groups, both teenagers and the wider community (Basri et al, 2021). In Indonesia, cricket is still relatively unpopular compared to sports such as volleyball, badminton, soccer, and basketball. In terms of how the game is played and the use of equipment such as a ball and a bat, this sport is similar to the game of kasti (Iman Munandar et al., 2025). According to Wolter et al, (2023) the essence of the sport is that a person moves from their pitch to the other end until the batsman hits the ball “on strike”. Cricket is a game played by two teams consisting of eleven players with roles as batsmen, bowlers, fielders, wicket keepers and captains.

METHOD

This type of research is quantitative descriptive. The research sample was collected using total sampling technique, consisting of 22 people. The research instrument used a questionnaire containing questions related to cricket performance coaching in Muaro Jambi Regency.

RESULTS AND DISCUSSION

Result

The The collected data was then processed and presented in tabular form to facilitate the analysis process. Data analysis was conducted systematically to determine the description of each dimension based on the items of the statement that had been answered by the respondents. The following are the results of the analysis of each dimension of the research instrument:

Table. 1. Table of Percentage of Male Athletes

Interval	Category	F	%
169-200	Very Good	8	73%
137-168	Good	3	27%
105-136	Moderate	0	0%
73-104	Poor	0	0%
40-72	Very Poor	0	0%
Total		11	100%

Based on the table above, it can be seen that the Cricket Sports Achievement Development Pattern in Muaro Jambi Regency is mostly in the Very Good category. This is indicated by 8 respondents or 73% who are in the 169–200 score interval. Furthermore, 3 respondents or 27% are in the Good category with a score interval of 137–168.

Meanwhile, there were no respondents in the Moderate (105–136), Poor (73–104), or Very Poor (40–72) categories. Of the total 11 respondents (100%), the distribution of data shows that, in general, the pattern of cricket performance development in Muaro Jambi Regency is in the Very Good category.

Therefore, it can be concluded that the coaching system implemented has been running optimally and has had a positive impact on the development of athletes' performance.

Table. 2. Table of Percentage of Female Athletes

Interval	Category	f	%
169-200	Very Good	5	45%
137-168	Good	6	55%
105-136	Moderate	0	0%
73-104	Poor	0	0%
40-72	Very Poor	0	0%
Total		11	100%

Based on the table above, it can be seen that the Cricket Sports Achievement Development Pattern in Muaro Jambi Regency is dominated by the Good and Very Good categories. A total of 6 respondents or 55% were in the 137–168 score interval with the Good category, while 5 respondents or 45% were in the 169–200 score interval with the Very Good category.

There were no respondents in the Moderate (105–136), Poor (73–104), or Very Poor (40–72) categories. Of the total 11 respondents (100%), the results show that, in general, the cricket performance development pattern in Muaro Jambi Regency is in the Good category, with a tendency to approach the Very Good category.

Therefore, it can be concluded that the implementation of the development pattern applied has been carried out effectively and is capable of supporting the optimal improvement of athletes' performance.

Table. 3. Table of Percentage of Male Athletes and Female Athletes (Overall)

Interval	Category	f	%
169-200	Very Good	13	59%
137-168	Good	9	41%
105-136	Moderate	0	0%
73-104	Poor	0	0%
40-72	Very Poor	0	0%
Total		22	100%

Based on the table above, it can be seen that the Cricket Sports Achievement Development Pattern in Muaro Jambi Regency is overall in the Very Good and Good categories. A total of 13 respondents or 59% were in the 169–200 score interval with a Very Good category, while 9 respondents or 41% were in the 137–168 score interval with a Good category.

There were no respondents in the Moderate (105–136), Poor (73–104), or Very Poor (40–72) categories. Of the total 22 respondents (100%), the results show that the majority of respondents assessed the cricket sports performance development pattern in Muaro Jambi Regency as Very Good.

Therefore, it can be concluded that, in general, the implementation of the performance development pattern has been highly optimal and capable of supporting the sustainable development and improvement of athletes' performance.

Discussion

Discussion The distribution of data indicates that although nearly half of the respondents have reached the Excellent category, the overall classification of the female athlete group is Good because the highest percentage is in that range. This condition shows that the training system implemented has been effective, but the level of achievement has not been fully consistent across all athletes. The Good category reflects that most training indicators have been implemented in accordance with the expected standards. Aspects such as the preparation of planned training programs, guidance and direction from coaches, and organizational support have functioned well.

In order for the coaching process to run smoothly, a forum or organization is needed that is capable of guiding players to develop into skilled and high-quality players. Sports performance coaching is one of the important strategies in efforts to improve the quality of human resources, especially at the regional level (Bahtiar et al., 2023). To achieve maximum performance, support from various aspects is needed, such as the role of competent coaches, the availability of adequate facilities and infrastructure, training programs that suit the characteristics of the athletes, and other supporting factors that contribute to achieving optimal results. In Muaro Jambi Regency, cricket coaching is carried out with the aim of building, developing, and improving athletes' abilities so that they are ready to compete in various competitions, both at the regional and national levels. Through targeted, systematic, and continuous coaching, it is hoped that Muaro Jambi Regency's cricket athletes Jambi District will show significant progress and be able to achieve the best results in every championship they participate in.

Sports coaching is a very important factor in advancing and improving sports performance, because the development of the world of sports depends on sports training, whether in the community, schools, or regions (Salabi & Hasanuddin, 2022). Successful sports coaching is training that is carried out to handle competition (Abdurrahman et al., 2024). The training system used can be used as a reference in designing athlete training from an early age until they reach the highest level of achievement (Nugraha & Pratama, 2019).

Sports coaching is a pattern, a basic guideline, and the basis for the integrated and sustainable development of Indonesian sports (Rizki et al., 2024). Because the development or lack thereof of sports depends on sports training, sports training is a very important factor in improving and enhancing sports to increase athletic performance (Kusnadi et al., 2024).

CONCLUSION

The Cricket Sports Achievement Development Pattern in Muaro Jambi Regency is categorized as Very Good overall. The majority of respondents assessed the implementation of the development pattern as optimal and effective in supporting athletes' performance improvement. Therefore, it can be concluded that the existing development system has been implemented properly and is capable of supporting sustainable athlete achievement development.

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The overall performance training pattern for cricket in Muaro Jambi Regency was found to be Very Good. Most respondents assessed the implementation of this development pattern as optimal and effective in supporting improved athlete performance. Therefore, it can be concluded that the existing development system has been well implemented and is capable of supporting the sustainable development of athlete performance.

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