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Analysis Of Students' Interest In Football At State Junior High School 1 Larantuka, East Flores Regency

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Abstract
This study aims to: (1) Determine the description of the interest of students of SMP Negeri 1 Larantuka, East Flores Regency towards the game of football, (2) Determine how much interest students of SMP Negeri 1 Larantuka, East Flores Regency towards the game of football. The approach method used in this study is using a method with a population study approach or census study, namely the population is sampled with a quantitative research type, namely research based on calculations in the form of numbers using statistical calculations (percentages). The population of this study uses a census method, namely a sampling technique by taking all members of the population as respondents, namely 103 students. Data collection used in this study is a questionnaire, interviews, and documentation. The data analysis technique used in this study is using a descriptive method technique with percentages. From the results of the analysis using quantitative descriptive with percentages, that the interest of students of SMP Negeri 1 Larantuka, East Flores Regency towards the game of football is relatively high with a percentage reaching 84.5%.

Keywords: Interest, Football

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INTRODUCTION

Sports are closely connected to humans, wherever they are. This is because they are a necessity of life that must be fulfilled by every human being. Sports occupy a crucial position in human life. In today's modern world, people cannot be separated from sports activities, whether as a specialized occupation, a spectacle, recreation, a livelihood, health, or cultural activity.

One sport currently highly sought after by all levels of society, especially young people, is soccer. This is because it requires only simple equipment and is enjoyable for those who play. This sport has begun to gain popularity among various levels of society, both in rural areas and in large cities. Sport has become a necessity for human life to achieve physical health.

Sports activities need to be increased and disseminated comprehensively so that they are known, studied, and practiced at all levels of society, especially in elementary schools. One such activity is playing soccer (Husen, 2018:24). Sport itself is essentially a series of regular and planned physical movements to maintain and improve motor skills, and aims to maintain and improve a person's quality of life.

This aligns with the mandate of the National Sports System Law Number 3 of 2010, which states, "sports are all systematic activities to encourage, foster, and develop physical, spiritual, and social potential." Referring to Chapter II, Article 4 of the National Sports System Law Number 3 of 2010, it stipulates that national sports aim to maintain and improve health, fitness, achievement, and human quality; instill moral values and noble character; sportsmanship; discipline; strengthen and foster national unity; strengthen national resilience; and elevate the nation's dignity and honor.

Football is a global sport, enjoyed by all groups. Many assume that the history of football originated in England, but history records that football has existed in various forms for 3,000 years in various parts of the world. However, officially, the game originated in mainland China. This was stated by FIFA as the world football body, namely that it originated from a Chinese game in the 2nd to 3rd century BC known as thu-shu.

Football was introduced to Indonesia in 1602 AD by Dutch traders and developed with the founding of the All-Indonesia Football Association (PSSI) in Yogyakarta on April 19, 1930, led by Soeratin Sosrosoegondo. The sport is said to have been popular during the Japanese occupation (Herwin, 2015:14).

Football is now synonymous with youth, as it is not only seen as a daily necessity but also a lifestyle for today's youth. It's no surprise, then, that many young people are enthusiastic about it.

Played by two opposing teams, football can be played by anyone, from children to adults. Football is a unique game because it is both an individual game and a team game. Each team consists of eleven players, requiring cooperation among players to achieve victory.

Football is a popular sport today, both for exercise and recreation. This is evident in everyday life, where during holidays or free time, people often fill their time playing soccer (Yusuf, 2014:21).

The development of soccer facilities at SMP Negeri 1 Larantuka, East Flores Regency, has been very rapid recently. Several fields are used as soccer venues in the area. This is due to the high interest in the game.

This makes it easier for the community, especially children, teenagers, and adults, to access fields that can be used for training. Interest in a person is not something that can be predicted or simply arises. It doesn't arise suddenly or spontaneously, but rather arises from participation, experience, and habits while studying or working.

Therefore, interest is always related to needs or desires. After conducting observations at SMP Negeri 1 Larantuka, East Flores Regency, it was clear that soccer is very popular at this school. However, there are several obstacles to playing soccer at this school, such as inadequate facilities and infrastructure. Facilities and infrastructure, such as soccer equipment, are also limited.

Furthermore, the school's balls are rarely used because teachers prohibit students from participating in soccer activities during non-Physical Education classes. However, students' interest in soccer is very high. Based on this background, I was interested in conducting research on "Analysis of Students' Interests in Soccer at SMP Negeri 1 Larantuka, East Flores Regency."

METHOD

The approach method used in this study is a population study or census study approach, where the population is sampled with a quantitative research type, namely research based on calculations in the form of numbers using statistical calculations (percentages). The population of this study uses a census method, namely a sampling technique by taking all members of the population as respondents, namely 103 students. Data collection used in this study is a questionnaire, interviews, and documentation. The data analysis technique used in this study is a descriptive method with percentages.

RESULTS AND DISCUSSION

Result

Table 1. Results of Hypothesis Test Calculation

Basic competencies	F (Yes)	F (No)	N	P (Yes) = F/N X100%	P(No)=F/N X100%
Analysis of Students' Interest in Football at State Junior High School 1 Larantuka, East Flores Regency	87	16	103	84,5%	15,5%

Discussion

The table above shows that 84.5% of students at SMP Negeri 1 Larantuka, East Flores Regency, have a high level of interest in soccer. Meanwhile, 15.5% of students with a low level of interest in soccer are considered high.

Based on the above, it can be concluded that student interest in soccer at SMP Negeri 1 Larantuka is high. Despite its relatively limited sports facilities and infrastructure, student interest in soccer is high. This is consistent with the results of a survey conducted through research.

Interest is a component of motivation. People who have a strong interest in an activity will feel happy, excited, and enthusiastic, leading to positive results. Interest is the initial trigger for enjoying something. From this feeling of excitement, a drive arises to engage in that activity to meet the demands of the situation.

Interest in sports can foster motivation to remain active in sports, for example, through a positive attitude toward a particular sport. For example, in the sport of soccer, individuals will strive to be the best and achieve optimal skill levels in that sport.

This can motivate students to learn the motor skills techniques in soccer, thereby mastering the basic techniques better than students with negative attitudes toward the game.

Recent studies have shown that student interest in soccer tends to be relatively high, both in the context of learning and extracurricular activities. A study at Pelita Private Junior High School in Medan (2024) found a significant level of student enthusiasm for soccer in physical education lessons during the 2023/2024 academic year, demonstrating strong interest among junior high school students.

Similarly, research at Budi Mulya Senior High School (around 2023/2024) showed that student interest in extracurricular soccer activities was high, although several obstacles, such as facilities and activity promotion, still need to be improved to optimize this interest.

CONCLUTION

It was concluded that the interest of students of SMP Negeri 1 Larantuka, East Flores Regency, in playing football was relatively high, with a percentage reaching 84.5%.

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