



Students' Motivation In Following Badminton Extracurricular Activites At SMAN 3 Ponorogo

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ABSTRACT

The purpose of this study was to determine students' motivation in participating in badminton extracurricular activities at SMAN 3 Ponorogo in the 2023/2024 academic year. This descriptive study used an instrument in the form of a questionnaire made in the form of a google form, and 30 students who participated in badminton extracurricular activities were present in this study. The location of the study was carried out at the Surya Mas Ponorogo Badminton Sports Building located on Jl. Pramuka Gg. III No.13, Ronowijayan, Siman District, Ponorogo Regency, East Java 63471. The reliability test produced a value of 0.869, while its validity was marked with a value of 13. The results of the calculation through quantitative descriptive analysis found an increase in student motivation in participating in badminton extracurricular activities at SMAN 3 Ponorogo, namely 100%. From here, it can be seen that the level of student motivation in participating in badminton extracurricular activities is very high. These findings can help students to know their motivation and help extracurricular coaches in improving the factors that encourage the success of badminton extracurricular activities at SMAN 3 Ponorogo.

Keywords: *Motivation, Extracurricular, Badminton*

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INTRODUCTION

As we all know, schools provide students with two types of activities, namely in-class activities and extracurricular activities (Heri et al., 2022). These extracurricular activities are held to deepen and broaden students' level of knowledge and to foster student achievement. It also aims for students to be able to develop their talents and interests both in academic and non-academic fields. There are various kinds of extracurricular activities in schools, namely futsal, volleyball, basketball, theater, PMR (youth red cross), badminton and many more.

Badminton is one of the non-academic extracurricular activities at SMAN 3 Ponorogo. In badminton extracurricular activities, students are expected to be serious in choosing the extracurricular activities they are interested in. Badminton is a small ball game played individually and in pairs. Badminton requires a racket as a hitting tool and a shuttlecock as an object to be hit. The goal of badminton is to drop the shuttlecock in the opponent's court area by passing over the net to get points (Ilham Irawan et al., 2020).

In carrying out physical activities that are poured into badminton extracurricular activities, motivation is needed in students. This is a form of coaching in fulfilling the community's desire to train and become successful athletes.(Riyan et al., 2024). Motivation is a psychological symptom in the form of an urge that arises in a person consciously to carry out an action with a certain purpose (Ksanjaya & Rahayu, 2022). Motivation is the process of actualizing the source of driving and driving individual behavior to meet the needs to achieve certain goals (Yusuf, 2014). To find out the extent of students' motivation in participating in extracurricular activities and what factors are the driving factors, one of them is by using a psychological approach (Yusuf, 2014). Although there are no clear standards, teachers or trainers in this case must understand the principles of motivation that can help them in teaching.

To participate in extracurricular activities, students are influenced by motivation. In addition, extracurricular activities also help develop students according to their needs, potential, talent development and interests, and hobbies in sports. With this motivation, it will encourage someone to practice, work hard, and be able to last longer in participating in an activity or training (Hermawan & Nugroho, 2023).Of course, motivation is very necessary in student activities, especially when seen from several extracurricular activities that are carried out after school. Therefore, motivation will arise when someone does an activity or activity that influences a person's behavior to achieve a certain goal. Success or failure can be determined from a person's motivation, without motivation, student achievement will not be optimal.

Based on observations that have been carried out together with the badminton extracurricular coaches and mentors of SMAN 3 Ponorogo, namely Mr. Arfian Putra Armanda S.Pd and Mr. Bryan Agasi S.Pd on January 20, 2024 at the Surya Mas Ponorogo Badminton Court. The researcher found a problem, namely, student participation in participating in extracurricular activities at the beginning of the 2023-2024 new school year was quite high. However, over time student participation has decreased. It is necessary to investigate the causal factors, whether due to a lack of student motivation to participate in badminton extracurricular activities, the physical condition of students, limited tools and infrastructure such as fields or rackets to support badminton extracurricular activities and a liking for badminton sports and support from parents of students who participate in badminton extracurricular activities.

To find out the explanation of the problems above and also because there has been no similar research conducted at SMAN 3 Ponorogo, the author is interested in conducting research with the title "Student Motivation in Participating in Badminton Extracurricular Activities at SMAN 3 Ponorogo".

METHOD

This study uses a quantitative descriptive research type that examines the level of student motivation in participating in badminton extracurricular activities at SMAN 3 Ponorogo. Quantitative descriptive research is research that aims to describe or explain phenomena or variables in a population or sample using data in the form of numbers or quantities. According to (Maksum, 2018), Descriptive research is research conducted to describe certain symptoms, phenomena or events. The method used in this study is a survey. The survey method is to take samples from one population and use a questionnaire as the main data collection tool (Maksum, 2018). The data collection technique in this study used an instrument in the form of a questionnaire made in the form of a google form. The location of the study was at the Surya Mas Ponorogo Badminton Sports Building located on Jl. Pramuka Gg. III No.13, Ronowijayan, Siman District, Ponorogo Regency, East Java 63471.

Population is the entire object/subject of research (Amin et al., 2023). In this study, the researcher used a population research type, where all members of the population were sampled with a total of 62 students who participated in badminton extracurricular activities at SMAN 3 Ponorogo.

According to (Maksum, 2018) the measuring instrument used by researchers to obtain data is a research instrument. In this study, researchers will use a research instrument in the form of a questionnaire to determine the level of student motivation in participating in badminton extracurricular activities. A questionnaire is a research instrument in the form of a series of written questions that are arranged systematically to collect information or data and answers from respondents regarding a particular topic. According to (Maksum, 2018) a questionnaire is a series of questions used to reveal information, both concerning facts or opinions. In this study, researchers took a questionnaire that had been expert judged and had been used in previous research conducted by Rosy Amelya, a thesis entitled Student Motivation in Participating in Badminton Extracurricular Activities at SMP Negeri 1 Tempel Sleman Yogyakarta with an instrument reliability of 0.869 (Amelya, 2016).

The questionnaire used in this study is a questionnaire where respondents only need to fill in the Google form on the link provided by the researcher according to the existing reality, and is a questionnaire that uses a direct assessment scale. This questionnaire scale is a modified Likert scale with four answer choices that will be used, namely: strongly agree (SS), agree (S), disagree (TS), and strongly disagree (STS).

RESULTS AND DISCUSSION

Results

This study uses a questionnaire instrument, then the data is processed using SPSS (Statistical and Solution) calculations version 25. The following is data on the level of student motivation in participating in badminton extracurricular activities at SMAN 3 Ponorogo.

Tabel 1. Descriptive Statistical Test

Statistics	Score
Range	45
Minimum	95
Maximum	140
Mean	114.85
Std. Deviation	10.905
N	41

From these data, it can be concluded that the average motivation of students in participating in badminton extracurricular activities is 114.85. With a range value of 45, the lowest score reaches 95, while the highest score reaches 140, and the standard deviation is 10.905. This information will be used to categorize the level of student motivation in participating in extracurricular activities at SMAN 3 Ponorogo, as shown in the following table:

Table 2. Level Of Student Motivation

No	Norm Range	Category	Norm Evaluation	Frequency
1	$\bar{x}+1.5Sd < X$	Very high	5	41
2	$\bar{x}+0.5 SD < X \leq \bar{x}+1.5 SD$	Tall	4	0
3	$\bar{x}-0.5Sd < X \leq \bar{x}+0.5Sd$	Currently	3	0
4	$\bar{x} +1.5Sd < X \leq \bar{x}-0.5 Sd$	Low	2	0
5	$\bar{x} \leq X-1.5Sd$	Very Low	1	0
Amount				41

The graph illustrates the level of student motivation in participating in badminton extracurricular activities at SMAN 3 Ponorogo.

Tabel 3. Normality Test

One-Sample Kolmogorov-Smirnov Test

Motivation Questionnaire	
N	41
Mean	114.85
Std. Deviation	10.905
Asymp. Sig. (2-tailed)	.200 ^{CD}

Based on the results of the normality test above, it can be explained that the data results are normally distributed. This can be explained because the sig value is at 0.200 which means it is greater than 0.05. So with this the data is stated to be normally distributed.

DISCUSSION

Basically, motivation is a state of a person that drives him/herself to carry out a certain activity, this is done based on the desire to achieve a goal.(Asykarillah & Hariyanto, 2021). Motive is a power within a person to do an activity with a certain purpose. Motivation also arises when someone feels anxious about the lack of achievement in themselves. So with this situation, motivation from outside and from within must be channeled.

Interest in this study is reflected in the interest and participation of students in participating in badminton extracurricular activities. Where during the new academic year 2023-2024, student participation in participating in badminton extracurricular activities at SMAN 3 Ponorogo was quite high. However, over time, student participation in participating in badminton extracurricular activities has decreased. This needs to be investigated for the causal factors. Therefore, researchers are interested in the existence of this problem to be studied.

This study uses a questionnaire filling stage with the aim of determining the level of motivation of students who participate in badminton extracurricular activities at SMAN 3 Ponorogo. In this stage, students are expected to fill in according to the actual situation. In filling out the questionnaire, it can be seen that the motivation of students who participate in badminton extracurricular activities has motivational factors from anywhere that can influence students in participating in badminton extracurricular activities. With strong motivation, it will encourage students to actively participate in badminton extracurricular activities.

Based on the research results from the questionnaire that has been given then processed using SPSS version 25, getting results that can be used to answer the formulation of the problem, namely "how is the motivation of students in participating in badminton extracurricular activities at SMAN 3 Ponorogo?". After processing the data from this study, the number of students participating in

badminton extracurricular activities at SMAN 3 Ponorogo was 41 students with the final results of the very high category of 41 participants, the high category 0 students, the medium category 0 students, and the low category 0 students, and the very low category also 0 students, meaning that the level of motivation of students who participate in badminton extracurricular activities at SMAN 3 Ponorogo is very high. From the results of interviews with badminton extracurricular coaches, it is known that the level of motivation of students in participating in badminton extracurricular activities is very good because they are motivated by previous extracurricular participants who have succeeded in getting awards in participating in championships. So that other students who do not participate in extracurricular activities become interested or interested in participating in these extracurricular activities because they want to get achievements too. The results of this study are almost the same as the study (Heri et al., 2022) which showed that there was a very high increase in students who took part in the Futsal Extracurricular at SMA Negeri 1 Jatisari.

From the results of this study, teachers must be able to maintain the level of student motivation to be able to continue to participate in badminton extracurricular activities and also improve their skills. According to (Wijaya & Wicahyani, 2024) extracurricular equips students in developing their abilities and potential, so that it becomes a means of forming superior seeds in achieving an achievement and accomplishment. This study aims to help sports teachers at SMAN 3 Ponorogo to increase students' desire to learn sports. In addition, schools have the ability to provide adequate and complete sports facilities with the aim of improving and facilitating students in participating in badminton extracurricular activities. Badminton extracurricular coaches and coaches must also remain creative in developing these activities.

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