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## Analysis of Achievement Development on Kabaddi Sports Management in Langkat Regency Year 2023

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**Abstract.** The results of the research show that if the organization is good, the facilities and infrastructure are good, the training can run well, so that the training can run well. The method given by the trainer will run smoothly. Funding for Kabaddi coaching is still lacking, because it only relies on monthly fees, the coaches who train in Kabaddi coaching are experienced coaches. The training program is good, from the scheduled training program, the training program is communicated so that the implementation process can run well. The performance is quite good, it can train mental and spottivity. The conclusion is that the development of achievements in Kabaddi sports management throughout Langkat Regency is still not good. The suggestions in this research are that Kabaddi should have good organization and management, so that the planned program can run well and be coordinated, then the coaching process must be followed up and improved, because with coaching carried out in stages and continuously it will indirectly provide benefits to the parties. Langkat Kabaddi Coaching. Naturally, more and more local boys are becoming professional players.

**Keywords:** Achievement coaching, sports management, Kabaddi

### 1 Introduction

Sport is a body movement activity, starting from the upper and lower limbs. It is said to be an activity because it has an ultimate goal, namely increasing the quality of life, thereby making the body healthy and fit. Apart from being used as a free time activity, this healthy activity can also be used as a means to hone one's abilities in sports or as a platform to become a professional athlete or sporting achievement. To become a professional athlete goes through

a long process, starting from having a strong intention and determination to become an athlete, regular training and having a strong mentality to face any conditions (Rahmani, 2014: 1).

The development of sports is currently experiencing a rapid increase, especially in the field of achievement development. Sports development is a very important factor in advancing and improving sports performance, because the level of development depends on sports development. The role of achievement coaching must be programmed optimally, to organize the course of coaching in accordance with the program that has been prepared in the achievement coaching system. Special coaching in looking for new seeds and in improving achievements. High achievements are obtained from athletes' high efforts as well as good coaching in a tiered and continuous manner. Staged achievement development has implications for the importance of evaluation which must be carried out periodically from the athlete selection stage to the final stage of implementing the training program and the achievements achieved.

With the development of sports management (educational sports, recreation, performance, body culture, gymnology, kinesiology, sports, etc.), sport has become a separate scientific discipline, just as management has also become a discipline that is also studied in universities. Therefore, the discipline of management has linked with the discipline of sports to form a new interdisciplinary discipline called sports management. Thus, sports management has also become a field of science that is widely studied by sports experts and practitioners (Harsuki, 2012: 2).

Sports management is a combination of management science and sports science. So someone who has graduated from the College of Administrative Sciences or from a business management science institute does not automatically master or be able to apply sports management. Talking further about the discipline of sports, the discipline of sports today is currently popular and is popular with many people and is even practiced by people who have not yet mastered sports science (Harsuki, 2012:2).

Based on data obtained from the chairman of FOKSI Langkat Regency, there are seven Kabaddi Coaches who have registered, and are still active in participating in activities held by FOKSI Langkat. From the results of observations, there was a decrease in the number of athletes compared to those in urban areas who achieved achievements in Kabaddi coaching in Langkat Regency.

## **2 Method**

This research is a type of qualitative descriptive research. Because the results of qualitative research are descriptive or narrative, they do not require full accuracy to carry out calculations. The problems raised in qualitative research are still superficial.

Researchers are still free to determine new topics when in the field. However, it does not rule out the possibility that the research is the same, because the focus of the problem raised from the start has not been changed at all, so the researcher only needs to collect data that is in accordance with the focus that has been determined from the start. Sugiyono (2010:12).

### **3 Result**

The results of the research show that if the organization is good, the facilities and infrastructure are good, the training can run well, so that the training can run well. The method given by the trainer will run smoothly. Funding for Kabaddi coaching is still lacking, because it only relies on monthly fees, the coaches who train in Kabaddi coaching are experienced coaches. The training program is good, from the scheduled training program, the training program is communicated so that the implementation process can run well. The performance is quite good, it can train mental and spottivity. The conclusion is that the development of achievements in Kabaddi sports management throughout Langkat Regency is still not good. The suggestions in this research are that Kabaddi should have good organization and management, so that the planned program can run well and be coordinated, then the coaching process must be followed up and improved, because with coaching carried out in stages and continuously it will indirectly provide benefits to the parties. Langkat Kabaddi Coaching. Research on "Achievement Development Analysis of Kabaddi Sports Management in Langkat Regency in 2023". It can be understood through the presentation of information from FOKSI Trainers/Administrators throughout Langkat Regency. Description of information interviewed by researchers are trainers, FOKSI administrators throughout Langkat Regency, indicators of research focus are organization, facilities and infrastructure, funding, coaching, coaching, achievements.

### **4 Discussion**

#### **4.1 Organization**

From the interview results, the organization was very good. This is in accordance with the provisions of statutory regulations, namely Law of the Republic of Indonesia Number 3 of 2005 concerning the National Sports System Chapter 1 article 1 paragraph 24, Sports organizations are a group of people who collaborate by forming an organization to organize sports. People play an important role in observing their organizational environment. People can control organizations, and organizations can control people. There are three types of sports organizations, namely; (1) Public Organizations, (2) Non-Profit Organizations, (3) Commercial Organizations.

#### **4.2 Facilities and infrastructure**

Based on the results of the interview, it can be concluded that the facilities and infrastructure of the seven kabaddi trainings to support training are good, the training equipment is complete, well maintained, the condition is still quite good, from good facilities and infrastructure training can run well, so that the training methods provided by the trainer will run smoothly. This is in accordance with (RI Law No. 3 of 2005 concerning the National Sports System) in article 1 paragraphs 20 and 21 it is explained what is meant by sports facilities and infrastructure. Sports infrastructure is a place or space including the environment used for sports activities and/or sports holding. Meanwhile, sports facilities are equipment or equipment used for sports activities. The existence of sports facilities and infrastructure is very important to support the development and development of sports, especially sports achievements. The sports facilities and infrastructure needed for sports coaching and development should meet national and even international standards. In a quality coaching program (Scheunemann, 2014: 18)

provides an opinion regarding matters related to infrastructure, namely the presence of international standard fields provided that all fields must be level.

#### **4.3 Funding**

From the results of the interview it can be concluded that funding for Kabaddi coaching is still lacking, because it only depends on monthly fees, the Kabaddi Coaching party should ask for coaching funds from nearby companies, and the government should also provide coaching funding assistance to Kabaddi coaching, so that Kabaddi coaching can be more easy to organize planned work programs. This is not in accordance with Article 72 of the Law of the Republic of Indonesia Number 3 of 2005 concerning the National Sports System, which states that sports funding is the provider of financial resources needed for sports organizers. Sports funding is a shared responsibility between the government, regional governments and the community. The government and regional governments are required to allocate sports budgets through the state revenue and expenditure budget and regional revenue and expenditure budgets.

#### **4.4 Training**

From the results of the interview it was concluded that not all coaches who train Kabaddi do not have a coaching license but instead train from videos and YouTube. Even though they have a certificate, they only have a C license standard, whereas in training trainers should have a certificate so that there is no doubt about their existence as a trainer.

In the world, including Indonesia, there are official coaching associations or parent organizations that can produce quality and officially licensed coaches under the auspices of FOKSI. In this way, all trainers are equipped with coaching knowledge and theory. Then Hadisasmita and Syafiruddin 1996: 28 in Darmawan, 2016: 33 stated that to achieve success in coaching three main abilities are needed, including the following: 1.) Knowledge is needed to carry out theoretical studies regarding problems related to training, 2.) A trainer must have adequate skills including: (a) technical skills, (b) conceptual skills, (c) managerial skills, (d) interpersonal relationship skills, 3.) Life attitude/philosophy.

#### **4.5 Coaching**

From the results of the interview it was concluded that the coaching of the seven Kabaddi Coaching was good, from the scheduled training program, the training program was communicated so that the implementation process could run well, the children who took part in the training could also adapt. In principle, training is a process of change in a better direction. good, namely to improve the physical quality, functional abilities of body equipment, and the psychological quality of training children (players). A person's functional potential and ability to adapt to certain stimuli is more important than chronological age (Suhendro, 2007: 33). This means that if training is carried out for several years regularly in the same sport, with a high intensity according to the athlete's potential, the athlete's body will be able to adapt according to the specifics and needs of the particular sport according to the training material provided. The general aim of training is to help coaches, trainers and sports teachers to be able to apply and have conceptual abilities and skills to help reveal the potential of athletes in order to reach peak athlete performance. Meanwhile, the specific training target is to improve the athlete's ability and readiness to reach peak performance. The general aims and objectives of training include the following: 1.) Improving basic physical qualities in general and overall, 2.) Developing and increasing specific physical potential, 3.) Adding and perfecting techniques, 4.) Developing and

perfecting strategy, tactics and playing patterns, 5.) Improving the quality and psychological abilities of athletes in competition.

In this way, determining training targets is expected to improve the athlete's abilities both physically (technique and skills) and psychologically (strategy and tactics) and character (mental) to reach peak performance in a short time and the achievement can last longer. For this reason, the training process must be carried out correctly according to the athlete's condition, because errors in determining the training load will have a negative impact and endanger the athlete himself.

#### **4.6 Performance**

From the results of the interview it was concluded that the achievements achieved were quite good, the junior level championships could train mentality and sportsmanship. By frequently participating in championships, children can grow motivation to excel and prepare them to take part in higher competitions. From its own target, Kabaddi Coaching plans to become a champion, so that it can train mentally to become a winner.

### **5 Conclusion**

Based on the results of the research that researchers have conducted regarding the analysis of achievement coaching for Kabaddi sports management throughout Langkat Regency in 2023, it can be concluded that the organization is quite good, from good facilities and infrastructure, training can run well, so that the training methods provided by the coach will work smoothly. Funding for Kabaddi Coaching is still lacking, because it only depends on monthly fees, not all of the coaches who train Kabaddi Coaching have a coaching license but instead train from videos and YouTube. The coaching program for the seven Kabaddi Coaching is good, from the scheduled training program, the training program is communicated so that the implementation process can run well. The achievements achieved are quite good, from junior level championships it can train mentality and sportsmanship.

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